



Northwest
SCHOOL OF MEDICINE

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NEWSLETTER

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INTRODUCTION

Northwest School of Medicine (NWSM) is the pioneer medical institute in Khyber Pukhtunkhwa to have introduced an integrated modular medical curriculum in view of the rapidly advancing horizons of undergraduate medical education, and the increasing importance of national and international collaborations.

A multitude of different curricular and co-curricular activities regularly take place at NWSM to actively engage students and to steer them in the correct direction right from the outset of their medical career.

NWSM has one of the best faculties in the region. We provide students with a supportive environment to acquire scientific foundation for developing the skills, attitudes, knowledge and commitments that are necessary to perform clinical and research activities at the highest level. Our commitment to excellence and collaboration across scientific and medical disciplines creates an optimal atmosphere for learning.

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2nd Position

KMU Annual Examination 2021

Hira Zahid (Final Prof)
Northwest School of Medicine

In First Batch of Northwest School of Medicine Hira Zahid Graduated with second position in MBBS Final Prof Annual Examination 2021 in all over KP.*

KMU announces results of MBBS Final Prof Annual Examination 2021, where Hira Zahid of Northwest School of Medicine Peshawar with 1424 out of 1600 marks, secured 2nd position in MBBS final prof annual examination 2021, in over all medical colleges of KP. Hira was the student of first graduated batch of NWSM.

According to the details, a total of 1817 students from 10 public and 7 private sector medical colleges of the province participated in the said examination 1698 passed while the overall result success ratio was 93%.

Principal Northwest School of Medicine Prof. Dr. Noor Ul Iman congratulates her and appreciated the efforts of Hira as well as teaching faculty for being consistent with studies and practices.

According to recent survey Northwest School of Medicine is on the top of list among all the medical colleges of Khyber Pakhtunkhwa



To mark the 74th anniversary of Pakistan's on 14th August 2021, Northwest School of Medicine celebrated the Independence Day to experience the spirit of patriotism and to honour the glorious past of our country.

The college was decorated in green and white to honour the colours of our flag. The event started with hoisting of the national flag and was followed by various activities such as a colourful cultural show exhibiting heritage of all provinces, a speech competition and an Independence Day quiz among the students. Principal NWSM Dr.Noor ul Iman , all faculty members and students attended the memorable event .

CELEBRATES 74TH INDEPENDENCE DAY WITH A TRADITIONAL ZEAL





NWSM LITERARY DAY 2021

Literary Day is a day in which students get the opportunity to show passion for languages that are spoken in our country. The students are given the chance to be able to celebrate and admire the diversities of various languages spoken in Pakistan.

This year the event was organized by Literary Secretary with the help of fellow organizers from English, Urdu, and Pashto societies of the Literary Society on 14th October 2021. Because of COVID-19, the literary day was confined to one day.

Professor Dr. Nazir Tabassum, renowned Urdu poet and former Head Urdu Department, University of Peshawar was invited as a chief guest. The opening of the event started with recitation from the Holy Quran. Many students took part in different categories and showed outstanding performances.

The Urdu society students presented various periods in the history of Urdu, followed by a heartwarming skit with a beautiful take home message about Urdu. In the English society session the students showcased their talents of debating and speeches followed by a twenty minute interactive session with the audience. Pashto society students also added colour to the event with great success. This segment opened with a Pushto anthem followed by Pashto ghazals and a skit.

This event was wonderfully organized by the literary secretary, all the chief editors, sub editors and members of the societies for which they deserve our appreciation. Professor Dr. Nazir Tabassum in his concluding address, appreciated the talent of the students. He further graced the occasion and amused the audience with his trademark satirical poetry. The closing of the event was followed by a speech by the Principal of NWSM, Dr. Noor ul Iman and shields were presented by him to the chief guest and to Professor Dr. Khadim Ullah Kaka Khel (Chairman of Literary Society, NWSM).



FUN FILLED MOVIE NIGHT



A fundraising movie night was arranged by Social Welfare Society NWSM in which two movies were shown in two lecture halls to a lively audience. The halls were decorated to provide a movie theater-like ambiance and provide entertainment, different from daily lecture theater atmosphere. NWSM faculty also participated in this activity and enjoyed the movie night as it provides much needed respite from daily routine. Both theaters were packed to the full and the amount collected through tickets was donated to a nearby registered orphanage school by the Social Welfare Society NWSM. It was an enjoyable activity and the Society is aiming to arrange similar entertainment activities in future not only to provide relaxation to the students but also help with fund raising towards deserving people.

RECREATIONAL & SHOOTING CLUB ACTIVITY

The three-day long event arranged by the Shooting club of Northwest School of Medicine was at the heart of the festivities of the Sports Week, held at SS Shooting club, Peshawar. The competition offered a variety of options for shooting enthusiasts and beginners alike.

Trained personnel were present all times to not only supervise the activity, but also to guide and assist the participants in a professional and enjoyable manner. The gathering provided a positive ambiance and the perfect opportunity for both students and faculty to have a healthy competition.





PMC INSPECTION TEAM VISIT

We are pleased to announce that Northwest School of Medicine has been awarded an additional 50 seats enhancement by Pakistan Medical Commission (PMC) after a thorough inspection of the Medical School and its affiliated Northwest Hospitals. NWSM can now admit 150 students every year.

It is a matter of pride that Northwest School of Medicine scored 100% in 6 out of 8 PMC major parameters. NWSM overall score was 96.8% while NWGH&RC scored 95.48%. The score needed for qualification was 80%. This shows the high quality of education, teaching, training and provision of top-quality patient care.

Northwest acknowledges and appreciates the hard work put in by all the staff and faculty in achieving this milestone!



SEERATUN-NABI CONFERENCE



A Seeratun-Nabi conference was held at the college premises on 18th of October 2021. The event was organized and hosted by Asad Ullah Khan, final year student, in collaboration with the NWSM literary society and Arts and photography club. The event started with recitation from the Holy Quran followed by a Naat competition and Husn-i-Qiratin which students from all years participated. The chief guest, Mufti Idrees a renowned scholar from the Jamia Farooqui spoke about the message of Sira un-Nabi, which is to live a spiritual life in accordance with guidelines of the Holy Quran and the life of our Prophet (PBUH). Certificates and prizes were distributed among the winning students who secured top positions in the Naatkhwani and Husn-i-Qirat competitions.

A VISIT TO THE HOME OF THE HOMELESS

The amount of money collected from the tickets of movie night was donated to a registered orphanage school named "Gailani Maktab Daar-ul- Yateem" in Peshawar. The Social Welfare Society NWSM members headed by the Principal visited the orphanage during school hours where they were warmly received by the faculty. The students of NWSM had a visit of classes and met the homeless children. They also inquired about the procedure and criteria of admission to this school. The donation was handed over to the Principal. The faculty of the orphanage school appreciated this gesture of kindness and showed great hospitality. The Social Welfare Society is looking forward to arrange more visits to the deserving and needy sections of society in the future.





SPORTS GALA 2022

As defined by WHO, human health depends upon one's physical, mental & social health wellbeing; these go hand in hand in development of a well-rounded personality.

A demanding heavy workload in order to maintain steady grades during the academic calendar is stressful for medical students. However, being physically active, not only improves their cognitive and emotional wellbeing, besides, (but also helps in) building confidence for social interaction with their peers, seniors and faculty members.

Besides, goals to achieve high academic standards NWSM, has also striven to provide a healthy environment, in order to groom students to become both socially and professionally responsible members of society and leaders of tomorrow. Sports Week provides this opportunity to students to interact in competitive games and events and to refresh their minds.

Because of COVID 19 related social restrictions on gatherings in 2020-21, NWSM withheld this activity, however, a lively Sports Gala was held on 30th August to 4th September 2021. The Principal NWSM was the chief guest and opened the games. The students and faculty members made it one of the most thrilling events of the year.

The students competed against their peers and faculty in both indoor and outdoor games in various avenues, like the Hayatabad sports complex, Islamia Collegiate ground and NWSM premises. These games included table tennis, badminton, ludo, carom and chess, dodge the ball, rassa kasha, basketball, football, cricket and volleyball.

Dr Raja Irfan Qadir, a renowned orthopedic surgeon was invited as the Chief Guest for the final prize distribution ceremony held at the NWSM premises. He distributed the prizes, shields, certificates, trophies among the winning team members. Key organizers among students were Munsif Ali, Secretary, and Muhammad Bilal, Joint secretary Sports Society. Dr Raja Irfan Qadir was the staff adviser for sports society. The following were adjudged as Best player in each category:

Boys: Ali Arif, 4th Year- Girls: Summaya Israr Final year
 Volleyball Boys: Mazhar, 3rd year - Girls: Karishma 3rd year
 Cricket Boys: Umair, 3rd year - Girls: Asavera Nisar 1st year
 Football Boys: Uzair, 4th year

A big hand for all participants in various categories of games and also those who facilitated to make it a truly enjoyable event. Events like these inculcate a spirit of camaraderie and confidence among the budding health specialists of the future.



A Spiritual Experience at NWSM THE QAWWALI NIGHT

The first ever Qawwali night at NWSM was arranged by Northwest Literary Society NWLS day. A team of Qawwals sang some heartwarming Sufi songs, making it a memorable experience. Faculty and students enjoyed the spiritual sufi music. The Principal NWSM also enjoyed the event. He appreciated the efforts of Literary secretary NWLS for organizing informal academic activities.



ANTI HARASSMENT DAY

Khyber Pakhtunkhwa's Federal Ombudsperson Secretariat for Protection Against Harassment (FOSPAH) arranged an awareness series of session at the Northwest School of Medicine, Northwest General Hospital and Northwest Institute of Health Sciences to highlight the availability of such a forum for working women, should they face any kind of harassment at work. The sessions were arranged for the students and employees of various AHL institutes, and were conducted by the Regional Commissioner KP Ms. Rubab Mehdi with the aim to increase awareness amongst the females of a redressal forum for harassment at their workplace, thus encouraging them to pursue their dream careers without fear of reprisal.

The interactive session covered the problems faced by the working women, the appropriate legislative steps to guard their interests and lastly, the importance of further spreading this awareness amongst their peers and families. Regional Commissioner Ms. Rubab Mehdi invited the audience to participate in the activities of FOSPAH through their internship program, which helps in spreading the message thus addressing harassment issues even more.

NORTHWEST SCHOOL OF MEDICINE





WHIT COAT CEREMONY

On 24th January 2022, a batch of 150 new students were welcomed for the white coat ceremony at college premises. Dr Khushnood Ali Baz, a prominent orthopedic surgeon & consultant NWGH, was the chief guest for this occasion. The families and friends of students also attended this event.

To commemorate the occasion, the new students were adorned by the symbolic white coat. The enthusiastic students also took the Hippocratic Oath to embark on the journey to fulfill their passion and dreams.



FACULTY DEVELOPMENT WORKSHOPS



The faculty development is one of the core values of Northwest School of Medicine. The institution believes in keeping the faculty in line with the latest trends in medical education and therefore, maintains the top-notch standard of medical training.

In that context various efforts were put forth to ensure faculty development. A number of workshops were conducted during the session focusing on empowering the faculty with the methods and skills in order to refresh their teaching skills hence raising the educational standards of the institution.

One of the workshops was about construction and assessment of multiple-choice questions since these have been incorporated as a standard assessment criterion by KMU.

Workshop about the virtual learning environment skills was also conducted in order to introduce the faculty to the new trends and innovations in the virtual learning system of the college.

INTERNATIONAL WOMEN DAY

International Women's Day was celebrated at the NWSM Auditorium on 7 March 2022, to acknowledge the role women play in society today and their achievements in face of challenging conditions. The event was attended by the Federal Ombudsperson for protection of women against harassment Ms. Kashmala Tariq, Ms. Ayesha Bano, MPA KP, Provincial Ombudsperson for protection of women against harassment Ms. Rakhshanda Naz, FOSPAH Regional Commissioner Peshawar Ms. Rubab Mehdi, and Director Program, KP Commission on the Status of Women Ms. Amina Durrani.

The esteemed guests appreciated the event, emphasizing that Women have a leading role to play in today's society and must be supported at all levels to achieve their personal best. The guests expressed their support for women's rights and informed the audience about the services they can avail to protect themselves from harassment at their workplaces, a prevailing social evil.

NWSM students made paintings to commemorate the International Women's Day and presented to Ms. Rakhshanda Naz.



ISO GRANTS ACCREDITATION CERTIFICATE TO NWSM

On 17 January 2022, ISO certificate no 120024 was granted to all affiliated teaching facilities of Allied Health Limited (AHL) including NWSM. A detailed inspection was carried out by ISO team members to various facilities of AHL. The ISO registration certifies quality management systems of various companies and organizations worldwide that abide by international quality standards and is monitored by NQA (National Quality Accreditation) governed by ISO, UK.



WELCOME PARTY 2022

On the 12th of March, second year students; led by their party coordinator Momina Ali, hosted an astounding welcome party to welcome the new first year students, organized by a group of students who endeavoured tirelessly to ensure the success of the event along with the help of their staff advisor Dr. Almas Fasih Khattak.


From the wonderful food arranged by Kamran Mateen and Maheen Khan with their live cooking stations to the alluring decor in the lobby that was organized by Alyan Khan, Insha Ur Rahman, Javeria Rahman and Lubaba Javed.

Some of the highlights of the programme contained Suban's humorous tapay, Nabeel and Hashir's accurate news broadcast and Talha's mimicry that made jaws drop in the audience. To keep traditions alive, Aneesa Gohar and Javid Iqbal assigned titles to the newcomers that could be recognized from miles away. But the true showstopper was the Obaid Khan concert organized by Shan Khan that started the dance rave that led into the night.



PUBLICATIONS

Heartiest congratulations to Mr. Mustafa Qazi, 2nd Year MBBS student at Northwest School of Medicine, whose research on "Emotional Intelligence of Undergraduate Medical Students of Public and Private Medical Schools" has been accepted by the International Conference for Healthcare and Medical Students for publication. The conference was organized by the Royal College of Surgeons, Ireland and the article will be published in the peer-reviewed journal BMC Proceedings (part of Springer Nature). The research was supervised by Dr. Almas Khattak. Dr. Sobia Nasim and Ms. Gul Rukh (3rd Year M.B.,B.S) contributed to the research as well.



Northwest General
Hospital & Research Centre


Northwest
SCHOOL OF MEDICINE

NWSM Student Wins Award for ePoster Presentation at the ICHAMS2022

ePoster Title:
Emotional Intelligence of Medical Students

Student Name:
Mustafa Qazi
MBBS 2nd Year Student, NWSM

Supervisor:
Dr. Almas Fasih Khattak
Assistant Professor, NWSM



Mustafa Qazi, MBBS 2nd-year student at NWSM, has achieved yet another distinction! With the support of his project supervisor, Dr. Almas Khattak (Assistant Professor), Mustafa Qazi's e-poster on "Prevention of Pressure Ulcers: A Patient Safety and Quality Improvement Project at a Tertiary Care Hospital" has been accepted for display at the International Forum on Quality and Safety in Healthcare, Gothenburg 2022.

Congratulations!

Your abstract has been selected for an ePoster display at the International Forum on Quality and Safety in Healthcare, Gothenburg 2022!

30 MARCH - 1 APRIL 2022

A research group conducted a cross sectional study on 'Awareness and Practice of informed consent among surgical residents.' Under the supervision of Dr. Waqar Ali (HoD, Community Medicine). Ms. Shamal (final year MBBS student, NWSM) presented the research at the 14th Khyber Eyecon 2022, 43rd Annual Congress & 5th PACRS Symposium on 26th February, 2022. Many consultants, trainees, house officers and medical students attended this conference. She was awarded a shield and certificate for presenting the group's work. NWSM is proud to have students taking part in events like these which have a great impact on their confidence.



Research article by students of Northwest School of Medicine has been published in the International Journal of Medical Students (University of Pittsburgh, USA). The research was supervised by proficient faculty members. The article discusses "Internet addiction and its relationship with depression and academic performance". The NWGH team extends its heartiest congratulations to Mr. Farrukh Ansar, Dr. Waqar Ali, Dr. Adil Zareef, Mr. Noman Masud, Mr. Sawar Zahab & Ms. Huma Iftexhar for their tireless efforts in accomplishing this milestone.



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Research Title:
Internet addiction and its relationship with depression and academic performance



Lead Author:
Mr. Farrukh Ansar
(NWSM)

NWGH is pleased to announce that research by students of NWSM under the supervision of proficient faculty has been published in the "International Journal of Medical Students" (University of Pittsburgh, USA).

Co-authors:
Students:
Mr. Noman Masud, Mr. Sawar Zahab & Ms. Huma Iftexhar