



Northwest
SCHOOL OF MEDICINE

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ANNUAL TWO-DAYS MULTIDISCIPLINARY RESEARCH CONFERENCE

The first annual two-day multidisciplinary conference was successfully held at Northwest School of Medicine. The title was "Advancing Research in Challenging Times".

Research is an integral part of medical education as it imparts new information, innovations and discoveries to expand the existing knowledge in order to learn about scientific advancements in specialized fields of medicine and public health. To meet the challenges of growing population, climate change and emerging diseases like Covid-19, dengue, monkey pox and many others; collective efforts between public and private sector health institutions are needed globally.

More than 1000 participants attended the event where faculty members, students and health professionals presented 171 research papers in the fields of Medicine & Allied, Surgery & Allied, Pediatrics & Obstetrics and Basic Sciences.

Experts from major institutions of the province including KTH, LRH, HMC, KGMC, PRIME, RMI and Islamabad participated. Two hundred professionals also attended the scientific workshops in various health-related disciplines.

In his inaugural address the Principal Professor Noor Ul Iman, appraised the participants about the importance of the conference for academic advancement, exchange of ideas for future research collaboration and development. He added the research events like these enhanced the careers of young researchers and experts alike.

The chief guest Prof. Dr. Tariq Hashim Khan, Chairman Alliance Healthcare Limited formally inaugurated the conference.

He said AHL is the only health institution in Pakistan that is a member of G4 Alliance comprising over 170 nations which aims to bridge public health gaps arising from lack of safe, affordable and accessible health services to the deserving population.

G4 is engaged in advocacy to promote improved access to quality surgical, obstetric, trauma & anesthesia services and quality health care globally.



SCHOLARSHIPS

Minister award Rs. 6.6 million scholarships to students of NWSM



Provincial minister for Higher Education Mr. Kamran Khan Bangash awarded scholarships of 6.6 million rupees to 22 students of Northwest School of Medicine (NWSM), Peshawar.

Parliamentary Secretary for Higher Education Mrs. Ayesha Bano also attended the scholarship distribution ceremony.



Addressing the ceremony, provincial minister said that role of private sector medical colleges to serve humanity is of great importance. He assured support and cooperation to the NWSM administration.

On this occasion, Mrs. Ayesha Bano appreciated the performance of NWSM and encouraged the students to further excel in studies and prepare themselves according to standards of medical profession.



Health & Finance Minister

distributed Certificates & Scholarships

Mr. Taimur Saleem Jhagra distributed scholarships, certificates among students of NWSM.

Northwest School of Medicine on its outstanding achievement of first batch of MBBS in their final professional exam conducted by KMU, organized a ceremony to appreciate the students who earned top three positions.

Certificates were distributed by Mr. Taimoor Khan Jhagra, among students who have successfully qualified the BLS, ICP and QPS trainings. Chairman AHL Prof. Dr. Muhammad Tariq Khan welcomed the chief guest, Mr. Jhagra and congratulated the students on their success. Principal, Northwest School of Medicine, Prof. Dr. Noor Ul Iman briefed about the current facilities provided by NWSM to the students that has been reflected in the result, Mr. Jhagra assured that the process for making Northwest University of Medical Sciences is under consideration and in final stages.





ARTS DAY

The Arts and Photography Society of NWSM organized an inter colleges online arts and photography contest named "Arteflix", in which large number of students from many institutions across the country participated and showed great interest in the competition.

Students made a large number of online submission in different categories of photography and arts.

Well renowned arts and photography experts adjudicated the competitions. The results were displayed on social media accounts of the society and people appreciated talent of students from across the country.



Fund Raising Movie Night 2022

A fundraising movie night was organized by social welfare society of NWSM in which two movies were played in different lecture halls. Food stalls were also arranged so guests could enjoy a meal while watching the movie. Students and faculty members participated in the enjoyable activity which provided a much-needed respite from the daily routine. The funds collected through the movie tickets and food stalls were used for purchasing Eid clothes and gifts for 148 children in nearby local orphanages.

BLOOD DAY 2022



On 14th June 2022, Social Welfare Society of Northwest School of Medicine “Daeim” arranged an annual blood donation camp on International Blood Donation day. Honourable Dr Shahtaj Khan, Professor Hematology at Khyber Girls Medical College (KGMC) was the distinguished chief guest for this event. Blood donation is widely regarded as a noble step in the service of humanity and the event proved to be a major success. A total of 350, including the students and the faculty members of NWSM participated.

The 22 pints of blood collected were donated to major charitable organizations comprising Blood Chain Pakistan, Blood Donor Society of Pakistan, The Blood Heroes, Fatimid Foundation, and Jwandoon Foundation. According to the experts, a healthy person aged 18-65 years weighing more than 45 kilograms can safely donate blood and it will not harm or weaken the donor. They further enlightened the participants with their failure and success stories and how at the end of the day this is a worthwhile effort.

The chief guest, Prof.Dr.Shahtaj Khan, Principal NWSM Prof.Dr. Noor ul Iman, and General secretary, Daeim Welfare Society, Arsalan Khan congratulated the team for arranging a successful event. They also thanked and appreciated the efforts put in by all the participants.

The final take home message from the event is that blood donation is the noblest act and the greatest donation for any individual. Several lives are lost due to the shortage of blood, as it has no substitute. Daeim, insists and encourages to donate blood, as everyone could be a hero in someone's story by just donating blood.



FLOOD RELIEF

Northwest General Hospital and Research Centre realising the need for aid and provision in the areas set up a flood relief camp at Daraban, a Tehsil of Dera Ismail Khan. The camp was organized in collaboration with Gomal University, District Administration and a dedicated team of local community workers.

A team of 18 specialist doctors along with nurses, paramedical staff, laboratory technicians, 16 medical students and other support staff members facilitated 661 patients at a day long medical camp. The patients were provided with free of cost medical consultation and medication during their visit to the camp.

The team also distributed water filtration systems with a life of upto 2 years that provide water purification from any source including flood water and is practically maintenance-free. Packaged food and clothing were also distributed among flood affectees in nearby villages by the camp organisers.



DEFENSE DAY

A prize distribution ceremony and Defense day was celebrated on 6th September in which students participated with full bloom in drama contest. 2nd year MBBS students got first prize by performing in an excellent play on Defence day about Sipahi Maqbool Hussain.

Prizes, shields and certificates were distributed among the students, judges and guests at the end of the ceremony.



Costume NIGHT

Costume night was celebrated, in which students of Northwest School of Medicine participated in various getups and showed great interest in creativity and informal academic activities.



AN INSPIRING & INTERACTIVE FACULTY DEVELOPMENT PROGRAM AT NWSM



NWSM conducted a series of workshops under the Faculty Development Program in December 2022

The program was meant to develop the existing skills of the faculty members to enhance their research capacity and communication skills.

Research is the fundamental component to gauge the progress of an academic institution. It is also an integral part of medical education as it imparts new information, innovations and discoveries to expand the existing knowledge in order to learn about scientific advancements in specialized fields of medicine and public health. Other than student academic research, it is also needed during post graduate education.

The participants described this as a good experience of their academic career and recommended that this program becomes an ongoing and regular process for improved research and academic for future NWSM goals.

The list of workshops conducted were as follows:

Prof. Dr. Waqar Ali

1. Research Study Designs
2. Basic Biostatistics & SPSS
3. EndNote
4. Strengthening the reporting of observational studies in Epidemiology (STROBE)

Dr. Sylvia Ali Khan

1. Communication Skills
2. Managing students in a classroom



NWSM CELEBRATES WORLD BREASTFEEDING WEEK

The Northwest School of Medicine celebrated the “World breastfeeding week” in the first week of August 2022, where the students and faculty arranged various activities promoting breastfeeding in society.

Students were briefed by the senior faculty and clinicians about the adverse health impacts of lack of breastfeeding in infants and highlighted its benefits. They were encouraged to advocate breastfeeding among mothers at the community level who visit child healthcare centers & hospitals.

Participants signed a petition and displayed charts with slogans with benefits of breastfeeding to portray the positive image of breastfeeding in the community.

Voice of America also covered participants giving their messages to the world about statistics and advantages of breastfeeding.





HIKING TRIP



The hiking club set out for a memorable trip to the beautiful valley of Astore amid the hectic schedules, to inhale the freshness of the nature and to conquer the mesmerizing tracks of nature. We first set foot on the beautiful track in the middle of the Rama valley, leading to a stunning view of the crystal-clear Rama Lake surrounded by oak trees and lush green environment which was a stunning experience. The day was spent exploring the beauty of the valley and enjoying the soothing sunshine.

The next spot was the magical Minimarg. The students visited the Rainbow Lake and discovered another lake in the vicinity. It was a different experience to come so close to Line of Control.

After a detour to the Deosai peak, the hikers ended up in the green Rupal Valley, which was a captivating sight throughout the journey. A magical glow of sunrise shone on the Nanga Parbat peaks and the hikers trekked as close as they could.

The trip ended on the 7th day, as we returned through Naran to Peshawar but the magical memories and experience with mother nature will stay forever.

NORTHWEST SCHOOL OF MEDICINE



NO TOBACCO DAY

Northwest School of Medicine commemorated World No Tobacco day on 30th May 2022, in which students and faculty members participated and spoke about prevalence of tobacco use and its various hazards to health.

The speakers discussed the deaths and diseases caused by use of tobacco in any form in the world especially in Pakistan.

Students from each batch participated to share their views regarding how to control tobacco use through mass awareness campaigns to make our society tobacco free.

They also displayed placards and charts having Anti-Tobacco slogans and also a petition was signed pledging to abstain from using tobacco in any form.

Certificates were distributed among winners of poster and oral presentation competition

NWSM ARRANGES IFTAAR DRIVE 2022

During the holy month of Ramadhan, students of the Social Welfare Society NWSM launched their Annual Ramadan charity campaign. A total of five iftars were arranged in project II of NWGH&RC in which hospital staff, patients and their families were served with iftar and dinner. The students of social welfare society also distributed Ramadhan food packages among 65 deserving families. The society expressed gratitude to all the volunteers and donors for supporting the noble cause.

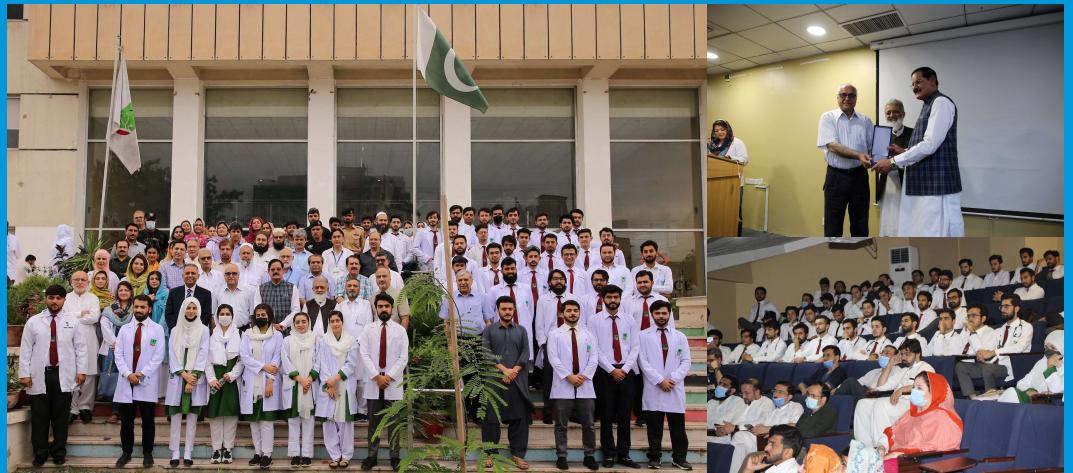


INDEPENDENCE DAY

A flag hoisting ceremony was held at Northwest School of Medicine to mark the auspicious occasion of the Independence Day.



 Wolters Kluwer
UpToDate®



Two days training Workshop for using UpToDate system by Mr. Khalid Qureshi, Consultant Medical Education IHI-Kupgrade.

UpToDate is a digital platform that gives access to medical students and professionals in finding answers or solutions of problems they face in theory and practice.

Northwest School of Medicine is the first medical institute to join and enable this digital technological system in Peshawar.

Mr. Mushatq Ahamd Ghani, Speaker Provincial Assembly, KP inaugurated the UpToDate System and appreciated the efforts of college management. He gave a speech and advocated the importance of the evidence-based medical knowledge centre in the region while commending NWSM and AHL for their efforts.

ISO TEAM VISIT

As part of our endeavors to be a globally competitive medical school, NWSM was inspected by ISO team. NWSM is pleased to announce that it has been awarded ISO 9001:2015 certificate. ISO is the world's leading testing, inspection and certification authority.

The certificate is a testament to the demonstrated ability at NWSM to support the acquisition and development of teaching-learning as per international standards using compatible processes.

This is another feather in NWSM's cap for which the credit goes to the NWSM management and faculty.



JCI CONSULTANT VISIT

Joint Commission International (JCI) works to improve patient safety and quality of health care in the international community by offering education, publications, advisory services, and international accreditation and certification.

JCI consultant paid a visit to NWSM and appreciated the efforts of management and faculty.



NWSM SPORTS GALA 2022

Medical school is a long journey of stress, struggle and hardships in which students have to cope with so many academic challenges; however, extracurricular activities provide an opportunity that makes the journey a beautiful and memorable experience which they always cherish long after.

The sports week from 26th March 2022 to 1st April 2022, was one such memorable experience, filled with thrilling and blissful moments in which students participated with full zeal and zest. The opening ceremony was inaugurated by the Principal NWSM, Professor Dr Noor Ul Imaan

Mr. Munsif Ali secretary sports society NWSM was the key player of this event who organized this under the supervision of staff advisor Dr. Raja Irfan Qadir. The sports society comprised a whole crew of energetic members with students from first year to final year. The society members decorated the entire college premises with colorful banners and posters comprising various themes of different batches.

The closing ceremony of the sports gala was held on 1st April 2022. Professor Dr. Mohammad Arif was the chief guest. The event began with a prize distribution ceremony in which trophies were distributed among winners and runner-ups of each category.

The ceremony concluded on a cheerful note and a lively musical concert was arranged by the sports society. Mr. Bilawal Sayed, a well-known Pashtu singer thrilled the audience with his captivating songs as the participants cheered and celebrated late into the night time.



WORLD IMMUNIZATION WEEK

World Immunization Week, celebrated in the last week of April, aims to highlight the collective action needed and to promote the use of vaccines to protect people of all ages against disease.

Community Medicine Department, NWSM arranged a seminar with collaboration of UNICEF. The speakers shared the importance, current situation and future goals regarding the immunization program in Pakistan.

Students distributed pamphlets and had a brief awareness session about immunization with patients, attendants and staff of Northwest School of Medicine.

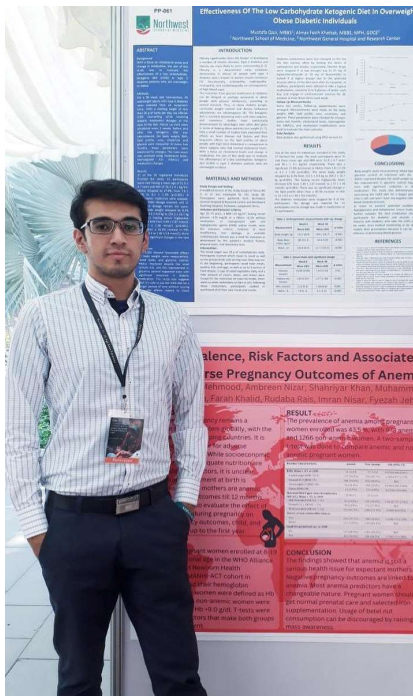


Pathology Educational Session

An educational session organized by Hematology Unit/Department of Pathology and Laboratory Service, Northwest General Hospital in Northwest School of Medicine.

The topic of the session was Lymphoma rare cases diagnosed in Northwest General Hospital.

The cases were presented by Dr. Munawar Ali Shah, Assistant Professor, Pathology. Participants of the session were consultants in different hospitals of Peshawar.



Participation In National Research Conferences

Research is essential & it is the lifeline of modern medicine. Incorporating research in the early years in medical school is pivotal in triggering the young minds of future physicians.

Students of NWSM participated in research conferences held nationally at different institutions including AKU, KMC, RMC and PMC. They earned certificates and prizes.

Students presented their research, got a valuable experience and exposure.

