

**Volume 4:  
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# **Newsletter 2023**

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**Northwest**  
SCHOOL OF MEDICINE







## 2<sup>nd</sup> Graduation Ceremony of Northwest School of Medicine 28 December 2023

Northwest School of Medicine Peshawar held its 2nd Graduation Ceremony on December 28, 2023, awarding degrees to 148 male and female graduates of the MBBS batch of session 2017-2022. The event was held in the School's Auditorium and was attended by the Chief Guest, Justice (r) Syed Arshad Hussain Shah Chief Minister Khyber Pakhtunkhwa, Masud Shah Minister Establishment Department, Prof. Riaz Anwar Advisor on Health to Chief Minister KP, Muhammad Qasim Jan Minister Higher Education, Prof. Noor Ul Iman Principal Northwest School of Medicine and Prof. Tariq Khan, Chairman Alliance Healthcare. Members of the Academic Council, faculty members, parents of students, as well as other distinguished guests attended the prestigious ceremony.

During the ceremony, four outstanding graduates were awarded gold medals, including Dr. Sumayya Habib, who secured nine gold medals for her exceptional performance throughout her academic career. Dr. Sumayya Habib 1st Position in 1st Professional Examination 2018 at NWSM, 1st Position in 3rd Prof. Exams 2020 at NWSM, 1st Position in 4th Prof. Exams 2021 at NWSM, 1st Position in 5th Prof. Exams 2022 at NWSM and was the best graduate in session 2017-22 at Northwest School of Medicine. She also secured the 6th Position in 1st Prof. Exams KMU, 4th Position in 3rd Prof. Exams KMU, 1st Position in 4th Prof. Exams KMU and 1st Position in 5th Prof. Exams at Khyber Medical University.

Other notable graduates included Dr. Ammad Saeed, who achieved 1st Position in the 1st Prof. Exams 2018 at NWSM, 6th Position in the 1st Prof. Exams 2018 at KMU, 3rd Position in 2nd Prof. Exams 2019 at KMU and 1st Position in 2nd Prof. Exams 2019 at NWSM. Dr. Mah Rukh Shinwar 2nd Position in 4th Prof. Exams 2021 at KMU, 4th Position in 5th Prof. Exams 2022 at KMU and Dr. Kashmala Arshad 9th position in 5th Prof. Exams 2022 at KMU and was awarded a gold medal.

Dr. Salman Zahir was awarded a gold medal for Contribution to Research. He Published 10 Research Papers while Dr. Arsalan Khan, Dr. Muhammad Hamza, Dr. Zahoor Ahmad, Dr. Munsif Ali, Dr. Ammad Saeed, Dr. Muhammad Saud Sadiq and Dr. Sumran Nadir Khan were awarded the gold medal for informal academic activities.





## The National Undergraduate Medical Research Conference (NUMR) held on September 16, 2023 at KGMC Peshawar.

Students of NWSM actively participated in the 2023 National Undergraduate Research Conference held at Khyber Girls Medical College in Peshawar on 16th of September. 2nd-year students, namely Dr. Zahoor Ahmed Khan, Dr. Shadab Abbas, Dr. Sara Shuaib, and Sulaiman Hussain, achieved a remarkable feat by clinching the first position in the research poster competition. Their exceptional work was guided by Assistant Prof. Dr. Nadia Qazi, who also conducted the statistical analysis.

Moreover, 4th year students, Faisal Ahmad, along with Salman Khan, Sulaiman Hussain, and Zahoor Ahmad Khan, achieved first position in the videography competition titled "My Research Journey."

During the verbal presentation segment, 2nd year students, Wajiha Ali, Zahoor Ahmad Khan, Faisal Ahmad, Zalan Khan, and Hooria Asghar presented their clinical research study with finesse.

Notably, Hashir Shahid, Zeeshan Khan, Aizaz Ali Shah, Zarghuna Akbar and Jamal Shah, all in their 2nd year of studies, displayed their research posters, reflecting their commitment to research excellence.







## Anatomy Poster Competition

The Anatomy department NWSM under the supervision of Prof. Dr. Maqbool Ilahi arranged a poster competition for the students of 1st year MBBS on 12th of June. The theme of the competition was "Clinical Anatomy of the Musculoskeletal System". The students took great interest in preparing and presenting their posters on various musculoskeletal disorders. Principal NWSM, Prof. Dr. Noor Ul Iman, Vice Principal Academics Prof. Doc. Abid Hussain and judges from KGMC and KMC also participated in the event. In the closing ceremony of the event the winner groups were awarded with certificates and encouraged to actively participate in such future learning activities.





# ARTEFLIX EVENT

## ON 06-09-2023



Annual Arts Day, organized by the Arts and Photography Society, was celebrated on the 6th of September with the theme of Defense Day. Artists from all over the province participated and exhibited their artwork during the art exhibition. An inter-class live art competition under the theme of 'Pakistan in 2050' was held in which students showcased their talents. 4th-year students took the 1st position followed by 3rd year which got 2nd position, and the final year MBBS which got 3rd position. At the end of the day, Cash prizes for the winners, appreciatory shield and certificates were distributed by Principal of Northwest School of Medicine, Professor Dr. Noor Ul Iman amongst the position holders of the competition.





## Certificate of Excellence Distribution on 25th October 2023



Certificate of Excellence Distribution among selected faculty and staff for their Extraordinary institutional service. Prof. Dr. Naeem Khattak, Prof. Dr. Waqar Ali, Dr. Sylvia Ali Khan, Dr. Almas Fasih Khattak, Dr. Naveed Alam, Dr. Fatima Muhammad Khan, Dr. Sahar Iqbal, Dr. Neelum Ali, and Mr. Shabeer Ahmad Khalil were awarded by Chairman AHL Prof. Dr. Tariq Khan Hashim and Principal Northwest School of Medicine Prof. Dr. Noor Ul Iman.





## International Overdose Awareness Day (IOAD) on 31 08 2023

FEATURED EVENT #4

# THE NORTHWEST SCHOOL OF MEDICINE

PESHAWAR, PAKISTAN

**EVENT OBJECTIVES:**  
The drug overdose crisis in Pakistan has had a devastating impact on local communities, families, and individuals. The Northwest School of Medicine, Peshawar, held this session to educate third-year medical students about overdose prevention.

**EVENT HIGHLIGHTS:**

- The event provided access to evidence-based prevention, intervention, and recovery services.
- Screening of a film about the overdose issue in Pakistan.
- 60 medical students and seven faculty members attended the event.

2023 IOAD PARTNER REPORT PAGE 10

August 31 marks International Overdose Awareness Day (IOAD), the world's largest annual campaign to end overdose. In NWSM, an event about IOAD was organized.

The drug overdose crisis in Pakistan has had a devastating impact on our communities, families, and individuals. It is essential that we equip our students and communities with the resources and support needed to prevent the fatal consequences of drug overdose and provide access to evidence-based prevention, intervention, and recovery services.

The event got highlighted in the annual report of Penington Institute, Australia from all over the world.

This document showcases the remarkable success and achievements of the 2023 IOAD campaign.

Link

<https://shorturl.at/ostjQ>







## 2nd Northwest Annual Research Conference, 2023 20 – 21 October 2023

The 2nd annual two-day international multidisciplinary conference was held at Northwest School of Medicine, Peshawar on 20 and 21 October 2023. The theme of the conference was "From Bench to Bedside". More than 1000 participants attended the event where faculty members, students and health professionals presented 200 research papers in Medicine & Allied, Surgery & Allied, Pediatrics & Obstetrics and Basic Sciences.

In his inaugural address the Principal Professor Noor Ul Iman, apprised the participants about the importance of the conference for academic advancement, exchange of ideas for future research collaboration and development. He added the activity enhanced the careers of young researchers and experts alike.

The Chief Guest Prof. Dr. Tariq Hashim Khan, Chairman Allied Health Limited formally inaugurated the conference. He said North West School of Medicine is the only medical college in Pakistan that is a member of G4 Alliance comprising over 170 nations which aims to bridge public health gaps arising from lack of safe, affordable, accessible health services to the deserving population. G4 is engaged in advocacy to promote improved access to quality surgical, obstetric, trauma & anesthesia services and quality health care globally. He assured that the NWSM will promote the vision and mission of the G4 Alliance with dedication and commitment. In the concluding event, the top three position holders in poster and oral presentations were awarded cash prizes of 20 thousand, 15 thousand and 10 thousand respectively. In poster presentations Hamza Shahid from Northwest General Hospital were awarded 1st, Zeeshan Khan from Northwest School of Medicine 2nd & Syed Hasaan Boo Muhammad Jaffry from Nowshera Medical College, Zia Ullah Khyber Teaching Hospital and Huma Fatima tu Zahra from Khyber Medical College were awarded 3rd position respectively. In the oral research paper presentation, Fatima Rizwan from Precision Medical Lab awarded 1st, Ahad Ali Nazir from Rehman Medical College 2nd While Muhammad Shayyan from Khyber Medical College were awarded 3rd Position respectively.





# 2nd Northwest Annual Research Conference, 2023 Workshops

Facilitator: Dr. Sylvia Ali Khan  
Workshop on "Presenting Skills  
and Management"

Facilitator: Dr. Naheed Mahsood  
Workshop on "Research  
Proposal Development"

Facilitator: Mr. Arsalan Riaz  
Workshop on "R for Qualitative  
Data Analysis"

Facilitator: Dr. Munawar Ali Shah  
Workshop on "Bone Marrow  
Morphology with  
Immunohistochemistry"

Facilitator: Dr. Bilqis Hassan  
Workshop on "Patient Centered  
Communication"

Facilitator: Prof. Dr. Waqar Ali  
Workshop on "Systematic  
Review"

Facilitator: Prof. Dr. Bilal Sethi  
Workshop on "Neonatal  
Resuscitation Program"







## NARC Gala Dinner

The Northwest School of Medicine held its 2nd Annual Research Conference on October 20th and 21st, 2023. At the Annual Research Gala Dinner, distinguished researchers, faculty, and conference organizers convened at the school. Among them, Khansa Khan, Bashir Ahmad, and Taskeen Baber from the Northwest Students Research Society received shields in acknowledgment of their pivotal roles in organizing the conference.



## Workshop on VLE and e-logbook's new Features

Department of Medical Education and IT NWSM conducted a 3-day training workshop from 5th to 7th July on VLE and e-logbook's new Features. The training workshop was arranged for the faculty of Medicine & Allied, Surgery & Allied, Gynae, Pediatrics', Eye, and ENT. The resource person of the workshop was Zeeshan Saleem who is working as Software training & implementation officer in NWSM. The participants appraised the 3 days training workshop conducted by DME, NWSM.

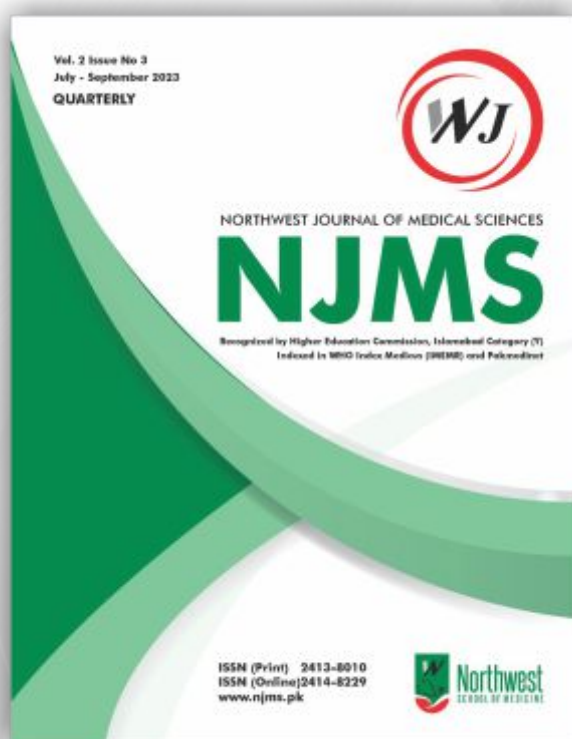


# National Maternal Survival Strategy for Pakistan - 03 August 2023

The Ministry of National Health Services, Regulation & Coordinator (MoNHSR&C), with support from the World Health Organization (WHO), and in collaboration with the Forum for Women Development & Research (White Ribbon Alliance Pakistan Chapter) arranged one day workshop on “National Maternal Survival Strategy for Pakistan” at Northwest School of Medicine on 03 August 2023.

The Consultative session was chaired by Director General Services KP, Dr. Shoukat Ali on the development of the National Maternal Survival Strategy. The workshop was attended by Prof. Dr. Noor Ul Iman Principal NWSM, Prof. Dr. Saima Abid, Founding head of the Public Health Association, Dr. Irshad Ali Director General Health Services, as well as public health experts, academicians, gynecologists, development parents, and representatives from donor organizations.

The session was focused on crafting a national strategy to reduce maternal mortality.



## Nothwest Journal of Medical Sciences (NJMS)

Northwest Journal of Medical Sciences (NJMS) has been recognized by the Higher Education Commission (HEC). The credit goes to the NWSM leadership, editorial team and researchers.

For submission of original articles, go to the following link and register

[www.njms.pk](http://www.njms.pk)

As a peer-reviewed and open-access publication, NJMS is dedicated to fostering scholarly dialogue within the biomedical sciences. Our journal serves as a dynamic forum for disseminating cutting-edge scientific research, enveloping a vast expanse of medical disciplines. From fundamental medical sciences to specialized medical and dental subspecialties, from the vistas of rehabilitation medicine to the frontiers of allied health sciences, clinical psychology, and public health — NJMS transcends boundaries to embrace the full spectrum of medical information.





## Pinktober Breast Cancer Fundraiser Bake Sale - 25 09 2023

Northwest School of Medicine's Breast Cancer Fundraiser Bake Sale, which took place on September 25th, 2023, was a tremendous success! We want to extend our heartfelt thanks to all the students and staff who participated and made this event so impactful.

The event was organized by Dr Haseeba Mukhtar, Dr Susan Kakakhel, Dr Irum Javaid, Female Faculty and students of NWSM.

### Volunteers Answered the Call

Our students, faculty, and staff truly embraced this cause by participating as volunteers and bringing delicious baked goods to contribute. Your contributions made a significant difference in supporting breast cancer patients.

### Pink Was Worn for the Cause

In a show of solidarity for breast cancer awareness, many attendees wore pink attire to demonstrate their support and help raise awareness.







## Pink Ribbon Youth Awareness Programme 2023 25th of September, 2023.

Northwest School of Medicine, under the leadership of Dr. Haseeba Mukhtar and with guidance from Principal, NWSM, Dr. Noor ul Iman, and CEO, NWGH, Dr. Zia Ur Rehman, organized a series of impactful activities in support of breast cancer awareness prior to the Pink Ribbon Youth Awareness Programme, 2023 on the 25th of September, 2023. These activities included a fundraising bake sale, a "Wall of Hope" display, a donation collection, and student engagement through presentations and pictures.



On October 4, 2023, the Pink Ribbon Youth Awareness Programme, in collaboration with the Northwest family and the Higher Education Commission, hosted a meaningful event. The day featured medical professionals presenting enlightening cases, including Dr. Tarbiya and keynote speaker Dr. Safoora Shahid. Ms. Wafa's touching poem, "It Could Never Be Me," added a unique perspective. Esteemed guests, Prof. Dr. Abid Jameel and Dr. Aakif Ullah Khan shared their insights. The event concluded with the distribution of souvenirs and certificates of participation, with a heartfelt vote of thanks to all attendees.







## Northwest School of Medicine Achieves Momentous Milestone with Prestigious 'W Category' Quality Award from KMU QEC

In a momentous occasion that marks a significant milestone in the pursuit of excellence, Northwest School of Medicine has been honored with the first of its kind Quality Award 'W category' by the Quality Enhancement Cell (QEC), Khyber Medical University (KMU). This recognition comes as a result of the QEC-NWSM outstanding performance in meeting the prescribed performance targets, marking a significant milestone in the institution's dedication to excellence. The distinguished award ceremony, under the dynamic

leadership of Dr. Syeda Asiyah Bukhari was held at the Hafeezullah Auditorium on 29th December 2023. Prof. Dr. Noor ul Iman Principal NWSM, and Dr. Neelum Ali Focal Person QEC-NWSM, proudly received this Award. In addition, the QEC officers Mr. Mubassir Shah and Mr. Aman Ullah participated in the award ceremony. This award not only recognizes the efforts of the QEC but also emphasizes the institution's commitment to maintaining the highest standards in medical education.



## World Meningitis Day 05 October 2023

A session about World Meningitis Day was arranged. It is the annual moment to raise awareness of meningitis around the world and engage families affected, civil society, health services, health organizations, governments, industry and academia. One in 10 people who contract bacterial meningitis die and half of all meningitis deaths occur in children under 5.





## NWSM BIDS A COLORFUL FAREWELL TO CLASS OF 2023

As the final year students were approaching the end of their 5 year journey at the Northwest School of Medicine, a fun filled farewell party was organized at the college premises. There was a much anticipated surprise waiting for everyone.

Following the tradition of giving a warm goodbye to the graduating batch of seniors, the 4th year students hosted a grand farewell event in their honor.

The event started with the arrival of the chief guest Principal Prof Noorul Iman, followed by other faculty members. The 4th year hosts arranged various activities for entertainment comprising a few segments, including an interactive session with the audience, giving funny titles to the students and a few hilarious speeches.





## Department of Medical Education and IT NWSM conducted 3-day training workshop from 5 to 7 July on VLE and e-logbook's new Features

The Department of Medical Education and IT NWSM conducted 3 days training workshop from 05 to 07 July 2023 on VLE and e-logbook's new features. The training workshop was arranged for the faculty of Medicine & Allied, Surgery & Allied, Gynae, Paeds, Eye, and ENT. The resource person of the workshop was Zeeshan Saleem Software training & implementation officer. The participants appraised the 3 days training workshop conducted by DME, NWSM.



## Workshop on WFME 20th July 2023

An Online workshop was arranged on 20th July at Principal Secretariat on WFME inspection preparation. The meeting was organized by PMDC. All Heads of the departments were present at the occasion.

